2542 South Bascom Ave. Suite 265, Campbell, CA 95008 408-793-0313 david@drddahl.com www.drddahl.com

NEW PATIENT INTAKE FORMS: CHILD

Welcome to this professional psychology practice.

All new patients must fill out these forms in their entirety and submit them to Dr. Dahl. For minors under age 18, parents must fill out the forms on behalf of **each** of their dependents. Please note: all forms are double-sided to conserve paper use. Please fill out both sides of each page.

Please have your insurance ID card out and ready to be copied at the beginning of your first appointment.

It is imperative that all pages of Part 1 (pages 3-9) are completed, signed and dated before your first appointment begins.

We understand that these forms are very in-depth and thank you for taking the time needed to complete them as honestly and thoroughly as possible. Your cooperation in providing all of this information will greatly enhance your therapeutic process with Dr. Dahl. It is best if you can have the forms all completed before you enter your first session with Dr. Dahl. However, if you need additional time to fill in the remaining pages of personal and medical history in Part 2 (pages 11-15), you may either complete them on-site after your appointment concludes or finish them at home and bring them to your second appointment. All forms must be complete and submitted by your second appointment with Dr. Dahl.

We thank you for your help in ensuring that we have all your records up-to-date.

Notes:

For EAP patients, please provide the pre-authorization form from your insurance carrier with your EAP Claim Number and number of authorized visits (you can request this directly from your insurance carrier)

For Victim-Witness patients, please have your Victim Witness Application Number and confirmation letter from CaIVCP available on your first appointment.

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Patient Intake Form: CHILD

PART 1

This is a strict	ly confidential patient medical record.	Todov's Date
1. Child's Information		Today's Date:
Legal Name: Last:	First:	Middle initial:
Date of birth: Age:	Gender: female male	
Last 4 digits of Social Security #: XXX-XX Pho	oto ID/Driver's license #:	
Race/Ethnicity: African-Am Asian (Specify)	Caucasian Hispanic Native Am_	_ Pacific Islander Other
Handedness: Right Left Ambidextrous	Height:' Weight:Ibs.	
Home address:	City:	State: Zip:
Child's Cell Phone (if applicable):	Email:	
Emergency contact name and phone number:		
2. Payment / Insurance Information		
We will be paying for these sessions by cash, persona We would like insurance to be billed and have receive		
Please complete ALL below information if billing insura	ance:	
Insurance company:	Insured's ID number	:
Policy group name/number:	Plan name/number:	
Copay: Deductible:	Number of appointments approv	/ed:
Insured's Relationship to Child: self Mother Father	er Guardian other relationship	
Insured's name: Last	MI First	
Birthdate Gender	_	
Insured's address:	City	StateZip
Insured's employer:		
3. Presenting Problems / Reason for today's a	appointment:	
What are the problems that caused you to seek help for	or this child?	
4. Parent/Guardian Contact Information:		
Which Parent/Guardian(s) will be the primary containing the second secon	act person?:	
Cell/Hor	me Phone #:	
How did your family hear of this practice?	□ referra I □phone book □ other:	

Please provide detailed information for each of the child's parents and/or caregivers:

1) Mother			
Name:	Date of Birth:		
Address:			Zip:
Home phone:	OK to leave messages? \Box yes \Box no		•
Cell Phone:	OK to leave messages? □ yes □ no		
Work Phone:	OK to leave messages? yes o		
– 1	-		
How and when do you prefer to b	e contacted?		
2) Father			
	Date of Birth:		
Address:		State:	Zip:
Home phone:	OK to leave messages? □ yes □no	0tate	zip
Coll Phone:	OK to leave messages?		
Email:	OK to leave messages? □ yes □no		
	e contacted?		
3) Identify: Stepfather Stepm	other Guardian		
	Date of Birth:		
Address:		State:	Zip [.]
Home phone:	OK to leave messages? □ yes □no	0lato	_ .p
Cell Phone:	OK to leave messages?		
Work Phone:	OK to leave messages?		
	-		
Email: How and when do you prefer to b	e contacted?		
Are you here in relation to the foll	owing (please check all that apply)?		
	Assistance Program (EAP) Addictions Family Problem	ns Marital Probl	ems
	_ Worker's Compensation Other		
If applicable, places provide:			
If applicable, please provide:			
victim witness application r	number:# of pre-authorized EAP visits from yo		
EAP Claim Number:	# of pre-authorized EAP visits from yo	our insurance pro	ovider:
CANCELLATION PO	-		
If you fail to cancel a schedu	uled appointment, we cannot use this time for ano	ther client and	you will be billed
for \$150.00, the entire cost of	of your missed appointment.		
A full session fee is charged for	or missed appointments or cancellations with less that	n a 48-hour notic	e unless it is due
to illness or an emergency. A	bill will be mailed directly to all clients who do not show	w up for or cance	el an appointment.
6,		•	
Thank you for your considerat	ion regarding this important matter.		
	ion regarding the impertant mattern		
Credit Card • American Ex	xpress Discover Master Card Discover	Health Savings A	ccount
	-	_	
a		<i></i>	
Card Number:	Expiration Date:	Se	curity Code:
I wade retend the encoded in	nation outlined above		
I understand the cancellation			
	Ph.D. to charge my credit card or health savings acco	ount for the balan	ce of the fees due.
I agree to pay all remaining fe	es at the final session.		
0			

Client signature (Client's parent/guardian if under 18)

Today's date

PATIENT RIGHTS AND HIPAA AUTHORIZATION

The following specifies your rights about this authorization under the Health Insurance Portability and Accountability Act of 1996, as amended from time to time ("HIPAA").

- 1. Tell your psychologist if you do not understand this authorization, and the psychologist will explain it to you.
- You have the right to revoke or cancel this authorization at any time, except: (a) to the extent information has 2. already been shared based on this authorization: or (b) this authorization was obtained as a condition of obtaining insurance coverage. To revoke or cancel this authorization, you must submit your request in writing to the provider at the following address:

David F. Dahl, Ph.D., 2542 South Bascom Avenue, Suite 265, Campbell, CA 95008.

- 3. You may refuse to sign this authorization. Your refusal to sign will not affect your ability to obtain treatment or payment or your eligibility for benefits. If you refuse to sign this authorization, and you are requesting a psychological evaluation for the purposes of:
 - A court order i.
 - ii. An attorney's recommendation
 - iii. A pre-employment screening evaluation
 - A legal matter in which your mental status is at question, you must be aware that your refusal iv. cancels the purpose for which the evaluation was ordered or recommended and you will still be held responsible for the fees ordinarily charged for this evaluation by the psychologist up to the point of the refusal.

If you refused to sign this authorization, and you are in a research-related treatment program or have authorized your provider to disclose information about you to a third party, your provider has the right not to treat you or accept you as a patient in this practice.

- Once the information about you leaves this office according to the terms of this authorization, this office has no 4. control over how it will be used by the recipient. You need to be aware that at that point your information may no longer be protected by HIPAA.
- 5. If this office initiates this authorization, you must receive a copy of the signed authorization.
- Special instructions for completing this authorization for the use and disclosure of Psychotherapy 6. Notes. HIPAA provides special protections to certain medical records known as "Psychotherapy Notes". All Psychotherapy Notes recorded on any medium (i.e., paper, electronic) by a mental health professional (such as a psychologist or psychiatrist) must be kept by the author and filed separate from the rest of the client's medical records to maintain a higher standard of protection. "Psychotherapy Notes" are defined under HIPAA as notes recorded by a health care provider who is a mental health professional documenting or analyzing the contents of conversation during a private counseling session or a group, joint or family counseling session and that are separate from the rest of the individual's medical records. Excluded from the "Psychotherapy Notes" definition are the following: (a) medication prescription and monitoring, (b) counseling session start and stop times, (c) the modalities and frequencies of treatment furnished, (d) the results of clinical tests, and (e) any summary of: diagnosis, functional status, the treatment plan, symptoms, prognosis, and progress to date. In order for a medical provider to release "Psychotherapy Notes" to a third party, the client who is the subject of the Psychotherapy Notes must sign this authorization to specifically allow for the release of Psychotherapy Notes. Such authorization must be separate from an authorization to release other medical records.
- 7. According to HIPAA, you have the right to review the record within 10 days of your request. You will be charged the full hourly fee for reviewing the record in the office with the psychologist.
- 8. According to HIPAA, you have the right to a summary of the record within 15 days of your request. You will be charged the equivalent of the hourly fee required by the psychologist to review and summarize the record. This summary will be one page, brief and general. If there are more than one person in the record, each party will receive the same summary.

Name:

_____ Signature:_____ Date: ____

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LIMITS OF CONFIDENTIALITY

Contents of all therapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent of the client or the client's legal guardian. Noted exceptions are as follows:

DUTY TO WARN AND PROTECT

When a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, the health care professional is required to notify legal authorities and make reasonable attempts to notify the family of the client.

ABUSE OF CHILDREN AND VULNERABLE ADULTS

If a client states or suggests that he or she is abusing a child (or vulnerable adult) or has recently abused a child (or vulnerable adult), or a child (or vulnerable adult) is in danger of abuse, the mental health professional is required to report this information to the appropriate social service and/or legal authorities.

PRENATAL EXPOSURE TO CONTROLLED SUBSTANCES

Mental Health care professionals are required to report admitted prenatal exposure to controlled substances that are potentially harmful.

MINORS / GUARDIANSHIP

Parents or legal guardians of non-emancipated minor clients have the right to access the clients' records.

INSURANCE PROVIDERS (when applicable)

Insurance companies and other third-party payers are given information that they request regarding services to clients.

Information that may be requested includes, but is not limited to: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, and summaries.

I agree to the above limits of confidentiality and understand their meanings and ramifications

_ Client signature (Client's parent/guardian if under 18)

_____ Today's date

DISCLOSURE AUTHORIZATION FORM

Please sign the statement below giving your permission for me to communicate with individuals or agencies on your, or your dependent's behalf.

l (your n	name),	
hereby g	give consent to <u>David F. Dahl, Ph.D.</u> to release or r	eceive any information deemed necessary to or from:
name of	f individual or providing agency	
address	3	
phone _		
fax		
which is	s relevant to the purpose stated below, from the cas	e records of:
(name o	of patient)	
Your rela	lationship to the patient (circle one)	self spouse parent child personal representative
for the p	purpose of: (check one)	
	Evaluation	
	Treatment	
	Other:	
This aut	thorization is valid for $\ \square$ one year $\ \square$ until revol	ked by me □ indefinite.
my direct by law, a that is us	ctions above. I understand that this authorization is and the use/disclosure is to be made to conform to	y confidential protected health information, as described in voluntary, that the information to be disclosed is protected my directions. The recipient may re-disclose the information unless the recipient is covered by state laws that limit the formation.
Signatur	re:Pe	rsonal representative:
Print nar	me:Pe	rsonal representative:
Signatur	re:Pe	rsonal representative:
Print nar	me:Pe	rsonal representative:
Date:		

Patient Intake Form: CHILD

PART 2

This is a strictly confidential patient medical record.

1. Family History			Patient Name:	
Where was the child born?			Raised?	
US Citizen? □ yes □no Date	citizenship received	If i	mm igrated, when?	from where?
	ts Mother Father_)		Stepfather Father and S	Stepmother Legal Guardian
Is the child adopted? \Box yes \Box If yes, with which parent(s) (if a		? Natural Ad	optive Child's age at a	doption
Status of parents' marriage: Marriag	arried Partnered S long divorced?	Separated Di Child's a	vorced Widowed Sir age at divorce	ngle
Please describe any special ed Please describe and grades re	ducation or tutoring: peated or subjects faile	ed:		Occupation:
Please describe any behavior	problems and treatmen	nt received:		
Please describe any psycholog	gical or psychiatric prot	olems for which	treatment was received:	
Any Attention-Deficit Disorder	or hyperactivity? Pleas	e describe trea	tment:	
Please describe any special ed Please describe and grades re	ducation or tutoring: peated or subjects faile	ed:		Occupation:
Please describe any behavior	problems and treatmer	nt received:		
	-			
Any Attention-Deficit Disorder	or hyperactivity? Pleas	e describe trea	tment:	
Adoptive Mother or Stepm	other or Other	(cł	neck one)	
Age: Highest Grade C	completed:	Diploma/D	egree:	Occupation:
Adoptive Father or Stepfat	ther or Other	(che	ck one)	
Age: Highest Grade C	completed:	Diploma/D	egree:	Occupation:
Other Children (Including step-siblings and ha	lf-siblings) Please fill o	ut chart below.		
Name	Age / Gender	In home?	School/behavioral/hea	Ith problems

Name	Age / Gender	In home?	School/behavioral/health problems
	⊡M ⊡F	⊡yes ⊡no	
	⊡M ⊡F	⊡yes ⊡ho	

⊡M ⊡F	⊡yes ⊡no	
⊡M ⊡F	⊡yes ⊡ho	
⊡M ⊡F	⊡yes ⊡no	

Please describe the child's parents' relationship with one another ______

Please describe the child's relationship with each parent _____

Please describe the child's parents' physical health, drug or alcohol use, mental or emotional difficulties____

Please describe the child's relationship with his or her brothers and sisters ____

Was the child ever abused? □yes □no

Please describe circumstances, child's age, and effects on him/her:

Biological Extended Family

Please supply description of any extended family members (grandparents, uncles, aunts, cousins) who suffer from a problem with inattentiveness or hyperactivity, epilepsy, seizures, migraines, alcoholism or substance abuse, psychological, emotional, or personality difficulty, learning problems or developmental disabilities, a "nervous" or neurological disorder, etc.

Maternal (Mother's Side)	Paternal (Father's Side)			

Please provide any other information about the child's extended family that might help us understand the child's needs (medical, developmental, behavioral, educational, emotional, or psychological):

2. Birth and Developmental History

Pregnancy

Full term	Premature	at week #	Late_	_ at week #	
Any illnesses or	complications	while pregnant? 🗆 ye	s□no	If yes, please explain:	

Medications taken by mother during pregnancy? Please list:_____

Substances used	during pregnancy: None
Cigarettes	How many?per 🗆 day 🖾 week
Alcohol	How many drinks?per
□Drugs	Please describe type(s) of drug, frequency of use, and at what month of pregnancy use was stopped (if applicable):

Was the father taking any medications or drugs at the time of conception?
yes
no If so, what?

Did the mother suffer a	buse di	uring	pregna	ancy?	□ ye	es □no W hať?	
How many pregnancies	s and/o	r misc	arriag	es ha	s the	mother had?	
Labor and Delivery Delivery: Vaginal C-S	Sect	Bread	:h /	Anoxia	a		
Was the birth of the chi	ld "norr	mal?"	🗆 ye	s⊡no	o Ifn	o, please explain:	
Do you think the child's	proble	ems m	ight b	e relat	ted to	pregnancy, labor, or delivery? □ yes □no	lfyes, please explain∶
Perinatal History Birth weight:		Le	ength:			APGAR Scores:	
Did the mother or baby Please describe any pr	stay in oblems	Spec	ial or	Intens	sive c	are? □ yes □no	
Please list any birth def	fects:						
the behavior on the righ	on the for t was p	ollowi preser	nt the	major	ity of	cle <i>1</i> if the behavior on the left was present the time. Stages in between are represented blease check the one that was present.	
Quiet and content	1	2	3	4	5	colicky and irritable	
Very easy to feed Slept well Usually relaxed	1	2	3	4	5	daily feeding problems	
Slept well	1	2	3	4	5	frequent sleeping problems	
Usually relaxed	1	2 2	3 3	4	5		
Cuddly, easy to hold	1			4 4		overactive did not enjoy cuddling	
Easily calmed down	1	2		4	5	□ tantrum s □headbanging	
Underactive Cuddly, easy to hold Easily calmed down Cautious and careful	1	2	3	4	5	🗆 accidentprone 🗆 daredevil	
Coordinated	1	2	3	4	5	uncoordinated	
Coordinated Enjoyed eye contact Liked people	1	2	3 3	4 4	5	avoided eye contact	
			-				
Other problems or com	ments	regard	ding in	fancy	or ea	arly childhood development:	
						urb any early infant/mother bonding or the d dition/injury, treatment, and surgery, when,	
Please describe your cl	hild as	an inf	ant (te	emper	amer	t, sleeping, eating patterns, etc.):	
Ages at Milestones (please fill in child's age Gross Motor: sat witho	ut supp	oort			wled_		
Fine Motor: fed self wit							
Language: used single	woras			us	sed se	entences (2+ words)	<pre> described activity</pre>

Language: used single words	used sentences (2+ words)
Social/Adaptive: potty trained/day	potty trained/night
Rate of development overall: 🗆 s bw	□nom al □fast

3. Medical History

Child's primary care physician:_____ Phone: ____

Please list all diseases, illnesses, important accidents and injuries, surgeries, hospitalizations, convulsions, seizures and/or any other medical conditions the child has ever experienced:

Age	Illness/Injury/Medical Problem	Treatment	Result

Does the child have any allergies? (food, drug, etc.) use use the lease describe them :______

Any diet restrictions?

Please list medications (with dosage and times) that have been taken by the child, including nonprescription medications:

Drug	Dose	Helps?	Reason	Taking presently?
		+ -		
		+ -		
		+ -		
		+ -		

Has your child ever had a head injury? yes hoDescribe:________W as he or she in a com a? yes ho How bng?_______W

Do you see your child as being \Box hyperactive? \Box in attentive? \Box abehavioral problem?

Does your child seem to be able to control his or her behavior and attention? \Box yes \Box ho P base explain:

Has your child ever been diagnosed by a p	sychologist, physician, or other professional as having ADHD (Atter	ntion
Deficit/Hyperactivity Disorder)? Uses ho	If yes, W hen?	

What treatment (**not medication**) has your child had for ADHD?

What medication (include dosage and times) has your child received for ADHD?

Please describe any other handicapping conditions or special health considerations and their treatments:

Date of last hearing test:	Result:	Does the child wear \Box glasses?	□contacts?
5			

The child's current health is: \Box poor \Box fair \Box good \Box excellent

4. Self Care Information

What type of physical exercise does your child get weekly?

What in his/her life is currently stressful?

What does he/she do for stress management?_____

When does he/she go to sleep?	How long does	it take to fall asleep?	When does he/sh	e wake up?
What does he/she do to help fall asleep	?	If he/she wakes up in the	middle of sleep, for	how long?
Has his/her weight fluctuated in the pas	t 2 months? 🛛 yes	□no Byhowmuch?	lbs. gained_	lost
Has he/she restricted his/her eating in a	ny way? □ yes □n	oHow?Why?		<u>-</u>
5. Behavior and Mental Health His	story			
Please describe any behaviors that are	particularly concerni	ng to you or others:		
Please list any unusual, traumatic, or po her development and current functioning				an impact on his or
Has the child or family received any pro psychiatric or psychological treatment, a If yes, please list provider's name(s) and Describe the treatments:	alcohol treatment etc dates of service	.? □yes □ho		
Does your child have a current mental h Has your child ever taken medications f If yes, please list medication(s)	or psychiatric or emo	tional problems? □yes □ho	Adherence to presc	ription : full, pantal, non
Prior psychiatric hospitalizations:Image: space	yes □no W hen? yes □no W hen? yes □no W hen?	How bng? How bng? How bng?		
Has your child heard, seen or sensed th Describe:			se? □yes □ho W he	n?
Has your child ever attempted and/or th	ought of suicide? 🗆	es □no W hen?	How?	
Has your child ever attempted and/or th Has your child ever attempted to and/or	ought of hurting then thought of hurting S	nself? □yes □no W hen? OMEONE ELSE? □yes □no V	How? When?How	?
Self harm/Aggression? (check all that a eating dirt or other materials high risk		g cutting picking at skin_	_ pulling out hair h	urt animals
Has your child ever been abused/torture	ed? □yes ⊡ho Phys	ica lly em otiona lly sexua l	ly verbally Exp &	an:
Has your family had a child protective s	ervices or police call'	? ⊑yes ⊑ho When?	Regarding what?	
Please indicate whether or not your chil	d is currently / rece	ntly experiencing any of the f	ollowing symptoms:	
Suicidal thoughts/impulse Appetite problems Isolation/social withdraw Phobia Poor impulse control Destruction of property Confused or irrational thinking Self-harm Preoccupations	 yes □ho yes □no 	Homicidal thoughts/impuls Sleep problems Anxiety/panic Binging/purging Violence toward others Strange or unusual behav Bothersome thoughts or b Hearing or seeing things of Compulsive behaviors	ior C ehaviors C	yes no yes no yes no yes no yes no yes no yes no yes no yes no yes no
Fluctuations in their mood	□ yes □no	Collecting things that crow] yes ⊡no

Sexual preoccupation	🗆 yes 🗌 no					
Relationship problems with a parent/sibling	🗆 yes 🗆 no					
Chronic pain	🗆 yes 🗆 no					
Depression	🗆 yes 🗆 no					
If you answered yes to any of the above questions, please supply details:						
	Relationship problems with a parent/sibling Chronic pain Depression					

6. Drug and Alcohol History

CHILD HAS NEVER USED DRUGS OR ALCOHOL (skip to section 7)	
Has your child ever injected drugs? Has your child ever shared needles? Has your child ever felt the need to cut down on his/her drinking? Has your child ever felt guilty about his/her drinking? Has your child ever used inhalants such as glue, gasoline or paint thinner? Has your child ever used cough syrup or mouthwash as a psychoactive drug? Has your child used medications not prescribed for him/her in the past ten years? Has your child ever been in trouble with the law because of drinking or drug use?	 yes □no

If you answered yes to any of the above questions, please supply details about the child's use of drugs or chemicals including amounts, how and why he or she used them?

7. Educational History

Briefly describe your child's performance and any concerns in each g
--

	Academic Performance	Behavioral Issues	Social Interactions	Specific Interests
Kindergarten				
1 st grade				
2 nd grade				
3 rd grade				
4 th grade				
5 th grade				
Middle school				

Best subject(s)		Worst subject(s)
Learning disability?	□ yes □no W hat?	How bng?
Special education?	□ yes □no W hat?	How bng?
Special assistance?	□ yes □no W hat?	How bng?
Speech assistance?	□ yes □no W hat?	How bng?

If your child is/was receiving tutoring, for what subjects?_____

Has your child ever had trouble in school with any of the following? (please check all that apply): Anxieties__ Obsessions_______ Friends__ Cheating__ Stealing__ Fighting__ Setting fires__ Skipping school__ Running away__ Using drugs/alcohol__ Isolating_____ Selling Drugs__ Talking too much in class__ Not sitting still__ Inattention__ Bullying__ Being picked on__ Harming animals______ None of the above____

8. Employment Information

Is your child currently employed? yes no

Employer:	Position:	Length:	Reason for Leaving:
Employer:	Position:	Length:	_Reason for Leaving:

9. Legal History

Has your child ever been arrested? Use no Charged with a misdemeanor? Use ho Charged with a felony? Use no Been to Juvenile Hall? Use no Been to state/federal/youth prison? Use no If you answered yes to any of the above, please explain:							
Is your child now on probation? □ yes □no Unti? On parole? □ yes □no Unti?							
10. Personal							
Present Personality and	Behavior						
Please circle all traits that a sad	apply to your child now : happy	leader	follower	moody			
friendly	quiet	overactive	independent	dependent			
sensitive	affectionate	fearful	cooperative	tantrums			
lethargic	too responsible	trouble sleeping	hard to discipline	even-tempered			
prefers to be alone							
What are your child's curre	ent interests/hobbies/pastim	nes?					
What are some of his/her of	character strengths?						
What are some of his/her character shortcomings?							
Describe his/her religious or spiritual interests and practices:							
What do you believe a therapist/evaluator should be like?							
What is your child prepared to change about him/herself? How?							

11. Additional Information / Comments

Please attach results of any previous testing. If this is an evaluation: full legal (if applicable) medical and educational records must be supplied with any other pertinent information like drawings, diary entries or photos.

Please add any additional comments you think might be helpful:

Thank you for completing this confidential form. Please sign below.

Signature: _____

_____Date: _____

Printed Name:_

Relationship to Child: _______